

College Readiness Group

for Seniors in high school

S o p h i a K . H a v a s y , P h . D .

Follow her blog on *Complicated Launchings* at
www.drhavasy.com

Time: One hour each week
Thursdays 5 - 6pm
February 11 - March 31, 2016
- no group sessions on 2/25 & 3/17

Topics: Strengths & weaknesses
Self-awareness/Risk-awareness
Stress management
Time management
Goals/motivations
Expectations

Cost consists of one package fee of \$660 and includes:

- 6 group sessions
 - *Parents and seniors to attend the first session together
- one family sessions for college planning - prior to fall enrollment

drhavasy@tarnowcenter.com

Call Natalie to reserve a space

713-621-9515

Tarnow Center

1001 West Loop South, #215

Houston, TX 77027

Students new to the Tarnow Center need to meet with Dr. Havasy for an Initial Evaluation prior to the group. The cost is \$205.

Tarnow
CENTER
for Self-Management®